BODY PATTERN

Row 1 (RS): k2, (p1, k1) to last 2 sts, k2.

Row 2 (WS): p1, p2tog, (k1, p1) to last 3 sts, k1, m1p, p2.

Row 3: k2, p2, [k2, (p1, k1) four times, p2] to last 12 sts, k2, (p1,k1) four times, k2.

Row 4: p1, p2tog, (k1, p1) four times, p1, [k2, (p1, k1) four times, p2] to last 4 sts, k2, m1p, p2.

Row 5: k2, p3, [k3, (k1, p1) 3 times, p3] to last 11 sts, k3, (p1, k1) three times, k2.

Row 6: p1, p2tog, (k1, p1) 3 times, p2, [k3, (p1,k1) 3 times, p3] to last 5 sts, k3, m1p, p2.

Row 7: k2, p4, [k4, (p1, k1) twice, p4] to last 10 sts, k4, (p1, k1) twice, k2.

Row 8: p1, p2tog, (k1, p1) twice, p3, [k4, (p1, k1) twice, p4] to last 6 sts, k4, m1p, p2.

Row 9: k2, p5, [k5, p1, k1, p5] to last 9 sts, k5, p1, k3.

Row 10: p1, p2tog, k1, p5, [k5, p1, k1, p5] to last 7 sts, k5, m1p, p2.

Row 11: k2, p6, [k6, p6] to last 8 sts, k8.

Row 12: p8, [k6, p6] to last 8 sts, k6, p2.

Row 13: k2, p5, k1, [p1, k5, p5, k1] to last 8 sts, p1, k7.

Row 14: p7, k1, [p1, k5, p5, k1] to last 8 sts, p1, k5, p2.

Row 15: k2, p4, k1, p1, [k1, p1, k4, p4, k1, p1] to last 8 sts, k1, p1, k6.

Row 16: p6, k1, p1, [k1, p1, k4, p4, k1, p1] to last 8 sts, k1, p1, k4, p2.

Row 17: k2, p3, k1, p1, k1, [p1, k1, p1, k3, p3, k1, p1, k1] to last 8 sts, p1, k1, p1, k5.

Row 18: p5, k1, p1, k1, [p1, k1, p1, k3, p3, k1, p1, k1] to last 8 sts, p1, k1, p1, k3, p2.

Row 19: k2, p2, (k1, p1) twice, [(k1, p1) twice, k2, p2, (k1, p1) twice] to last 8 sts, (k1, p1) twice, k4.

Row 20: p4, (k1, p1) twice, [(k1, p1) twice, k2, p2, (k1, p1) twice] to last 8 sts, (k1, p1) twice, k2, p2.

Row 21: k2, (p1, k1) to last 2 sts, k2.

Row 22: p1, p2tog, (k1, p1) to last 3 sts, k1, m1p, p2.

Row 22B: p1, p2tog, (k1, p) to last 3 sts, p2tog tbl, p1.